

MANDATORY DISCLOSURE STATEMENT, INFORMED CONSENT AND CANCELLATION POLICY

This disclosure statement is in compliance with, the State of Colorado, Department of Regulatory Agencies, Colorado

Education and Experience

Danielle Dickson is a registered licensed psychotherapist in the state of Colorado with over 4 years' experience. Danielle earned her bachelor's degree in Criminal Justice from Westwood College and master's degree in Mental Health Counseling with an emphasis on Trauma from Walden University.

Therapeutic Approach

The therapeutic approach to counseling is an Integrative Therapeutic Model. In this model, a variety of theoretical schools of thought and perspectives are used to best address the needs of the client. In understanding and conceptualizing the client, an eclectic method is incorporated to address problems with suitable clinical methods including but not limited to, Psychoanalysis, Adlerian psychotherapy, Reality therapy and Experiential psychotherapy. These theories consider the individual's experiences, situation and perspective when identifying the problem and utilizes the individual's strengths to create change.

TRE- Tension and Trauma Release Exercises is an adjunct modality used to relieve stress and work through trauma stored in the body by creating a reconnection between the mind and the body. Clients assume all responsibility for their TRE experience and it is done at their own risk.

Fee Schedule

I see clients on a fee-for-service basis only. The client is responsible for payment in full at the time of each session. Sessions are approximately \$125 - \$150 per hour (typically 53 minutes). Payment can be made by credit/debit card or through insurance.

All clients will be billed the full fee for missed appointments canceled with less than 24 hours' notice unless other arrangements are made in advance. If paying by check, please make checks payable to **Danielle Dickson**. In the event any account is referred to collections, the client agrees to pay reasonable attorney's fees and court costs if any. A detailed statement of service will be provided upon request. It remains the client's responsibility to pay for sessions at the date of service unless other arrangements have been agreed upon ahead of time.

Phone consultations are billed in 15-minute increments (\$30.00 minimum). All calls over ten minutes will be billed accordingly. Any additional work requested such as providing summary notes to a third party, will be billed at a prorated rate based on our current individual session rate.

Patient's Rights

The practice of psychotherapy is regulated by the state of Colorado Department of Regulatory Agencies. The agency within the department that has responsibility specifically for licensed psychotherapists is the

CO Dept. of Regulatory Agencies
1560 Broadway, Suite # 1340,
Denver, CO 80202, 303-894-7766.

Guidelines

You are entitled to receive information about the methods of therapy, the techniques used, the duration of therapy, if known and the fee structure.

In a professional relationship, sexual intimacy is never appropriate and is illegal in Colorado. It should be reported to the board that licenses, registers, or certifies the licensee, registrant, or certificate holder.

The information provided by and to you during therapy is legally confidential and cannot be released without your consent, with specific exceptions which are listed in the Colorado Revised Statutes, in the Notice of Privacy Rights and/or in the Colorado and Federal law. Exceptions include: if you are gravely disabled (unable to take care of yourself); a danger to yourself or others, or when a child, elderly person, or at-risk adult abuse or neglect is suspected. If a legal exception regarding confidentiality arises during therapy, you will be informed accordingly, if feasible.

Under Colorado law, C.R.S. § 14-10-123.8, parents have the right to access mental health treatment information concerning their minor children unless the court has restricted access to this information. If you request treatment information, I may provide you with a treatment summary in compliance with Colorado Law and HIPAA standards.

The practice of licensed or registered persons in the field of psychotherapy is regulated by the Mental Health Licensing Section of the Division of Registrations. The state of Colorado requires that I list the requirements for different types of mental health professionals. Licensed Professional Counselors, Licensed Clinical Social Workers and Licensed Marriage and Family Therapists must hold a master's degree in their profession and have two years of post-master's supervision. A Licensed Psychologist must hold a doctorate degree in psychology and have one year of post-doctoral supervision. A Licensed Social Worker must hold a degree in social work. A psychologist candidate, a marriage and family therapist candidate and a licensed professional counselor candidate must hold the necessary licensing degree and be in the process of completing the required supervision for licensure. A certified Addiction Counselor I (CAC I) must be a high school graduate and complete required training hours and 1000 hours of supervised experience. A CAC II must complete additional required training hours and 2000 hours of supervised experience. A CAC III must have a bachelor's degree in behavioral health and complete additional required training hours and 2000 hours of supervised experience. A Licensed Addiction Counselor must have a clinical master's degree and meet the CAC III requirements. A registered psychotherapist is registered with the State Board of Registered Psychotherapists. No degree, training or experience is required of them.

I have read the preceding information, and the credentials provided, and understand my rights as a client. Signing this form indicates my informed consent to receive treatment.

Client Name (PRINT)

Signature Client/Legal Representative)

Date

Therapist Signature

Date